**Project Schedule**

The tentative dates for the training will be Wednesday 9th – Friday 11th November (To be decided). The tentative schedule and topics covered are as follows:

**Training Day 1**

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| 8.45am – 9.15am | Registration |
| 9.15am – 9.30am | Welcome and Introduction |
| 9.30am – 10.30am | Refugee Drama Enactment |
| 10.30am – 11.00am | Stress in Normal Life Events |
| *11.00am – 11.15am* | *Break* |
| 11.15am – 11.45am | Traumatic Experiences |
| 11.45am – 12.15pm | Normal Reactions to Traumatic Experiences |
| 12.15pm – 1.15pm | Caring For Ourselves |
| *1.15pm – 2.30pm* | *Lunch* |
| 2.30pm – 3.00pm | Consequences of Violence (Vulnerability & Resilience, Support & Risk Factors) |
| 3.00pm – 4.00pm | What is Sexual-and-Gender-Based Violence (SGBV)? The Dynamics of Sexual Violence; the Myths of Rape |
| *4.00pm – 4.15pm* | *Break* |
| 4.15pm – 5.00pm | Discussion on SGBV and Client Interview Role-Plays. |

**Training Day 2**

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| 9.00am - 10.00am | Mental Health Problems (Depression, Anxiety, Post-Traumatic-Stress-Disorder, Somatisation, Suicidal Tendencies, Psychosis, etc) and Making Meaningful Referrals |
| 10.00am – 11.00am | The Helping Process I – Basic Skills in Interviewing |
| *11.00am – 11.15am* | *Break* |
| 11.15am – 12.15pm | Understanding Trauma & Memory |
| 12.15pm – 1.00pm | Basic Rules of Talking to Traumatized People |
| *1.00pm – 2.30pm* | *Lunch* |
| 2.30pm – 3.30pm | Interventions with Children and Adolescents* General Reaction of Minors Exposed to Traumatic Experiences
* Basic Interventions
* Role of the Family
* Special Issues in Treating Children
 |
| *3.30pm – 3.45pm* | *Break* |
| 3.45pm – 5.00pm | Conclusion & De-brief (Discussion, Role-Plays, Q & A, and Evaluation) |

**Training Day 3**

***Day 3: half-day***

***This half-day training will be reserved for more experienced therapists on issues of assessment and more in-depth therapeutic interventions.***

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| 9.00am – 10.00am | The Helping Process II* Problem Areas
* Assessment
* Treatment/Support
* Role of the Counsellor
 |
| 11.00am – 12.00pm | Case Discussions & Role Plays |
| 12.00pm – 1.15pm | Lunch |